



PRESENTS

MONTHLY MONDAY TALK

In Lydgate Parish Hall

OCTOBER 7th 2.30 pm

FIRST AID REFRESHER COURSE

An opportunity to update your first aid knowledge and skills, including CPR, led by a fully qualified first aid trainer.

Suitable for all ages.

Donations of £3 requested to support the improvements to our Parish Hall.

Tea, coffee and home-made cake available.

Contact lovelydgate@btinternet.com for more information

